

CORPORATE



CTC BUILDING 460 - 490 BEUDESERT ROAD

SALISBURY QLD 4107

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GYM CLASS / PADS / SPARRING TIMETABLE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BOXING / MUAY THAI CLASS 5:30AM - 6:30AM	BOXING / MUAY THAI CLASS 5:30AM - 6:30AM	BOXING / MUAY THAI CLASS 5:30AM - 6:30AM	BOXING / MUAY THAI CLASS 5:30AM - 6:30AM	BOXING / MUAY THAI CLASS 5:30AM - 6:30AM	SUPERVISED SPARRING 8:00AM - 10:00AM
PADS 6:30AM - 8:30AM	PADS 6:30AM - 8:30AM	PADS 6:30AM - 8:30AM	PADS 6:30AM - 8:30AM	PADS 6:30AM - 8:30AM	
PADS 3:30PM - 4:30PM	PADS 3:30PM - 4:30PM	PADS 3:30PM - 4:30PM	PADS 3:30PM - 4:30PM	PADS 3:30PM - 4:30PM	
BOXING / MUAY THAI CLASS 4:30PM - 5:30PM	BOXING / MUAY THAI CLASS 4:30PM - 5:30PM	BOXING / MUAY THAI CLASS 4:30PM - 5:30PM	BOXING / MUAY THAI CLASS 4:30PM - 5:30PM	BOXING / MUAY THAI CLASS 4:30PM - 5:30PM	
BOXING / MUAY THAI CLASS 6:00PM - 7:00PM	BOXING / MUAY THAI CLASS 6:00PM - 7:00PM	BOXING / MUAY THAI CLASS 6:00PM - 7:00PM	BOXING / MUAY THAI CLASS 6:00PM - 7:00PM	BOXING / MUAY THAI CLASS 6:00PM - 7:00PM	

GYM OPENING HOURS

MON - FRI: 5.30AM - 8.30AM

MON - FRI 3.30PM - 7.30PM

SAT: 8 - 10AM